



CYCLING ALONG SCALVE VALLEY

WITH

Susanna Allegri - lago Iseo Trasporto e Bike Tour

Medium demanding tours with muscle bikes or e-bikes

Here is what you will find in these different paths:

Mountains to cycle but also to walk in a journey to discover a territory, its traditions and its people. Stories of men who worked in mines until 60 years ago. Water and the Gleno dam disaster that swept away villages in 1923. Stories of goblins and legends. Rugged mountains in contrast with green meadows. Local flavors with excellent cuisine and hospitality, in a spectacular valley that changes constantly.

Program: In two steps, two refuges

Schilpario: Blue as the sky of the high mountains





Departure by bike from the accommodation or by bus and bicycles in tow. In no time we will be in a beautiful pine forest where in winter the paths are turned into trails for cross-country skiers. We will cycle along a beautiful waterway until we reach an asphalt road where we will continue uphill, in a mountain context, until we reach the Vivione Pass 1828m above sea level. From here we will reach a beautiful mountain hut on a gravel road to return to the refuge to drink and eat good typical local dishes. We will get back in the saddle of our bikes starting to descend, but if the desire to cycle is still high, we will make a detour that will take us to an altitude of 1890m above sea level with a panoramic view of the Alps of Valle Camonica and Adamello. Stop for a picnic lunch or in one of the refuges we will reach. We will return in the afternoon by bike to our accommodation, passing through some small paths in the pinewood.



Note:

This itinerary can also be divided into two days for those who want to take it easy and enjoy the day. They are both in a high mountain context and are also very different. In this way the kilometers and the difference in altitude are reduced.

1) In the first day reaching the Vivione Pass, initially cycling in the pine forest then on asphalt. It can be done with a muscle bike for people with some training until you reach the refuge. This is



also a meeting point for passionate cyclists or bikers coming from Switzerland and Germany and several times covered in the famous Giro d'Italia.

2) On the second day the Campelli pass, in a mixture of asphalt and gravel road. This tour is more suitable for those who love to ride on dirt roads with stunning panoramic views. In winter it is a destination for ski mountaineering enthusiasts. The stop for lunch will be at your choice either in a mountain hut or at a historic inn or picnic.

Technical difficulty: MC medium capacity for the stretches to descend on gravelly dirt road.

BC=Good physical preparation with muscular bike, MC= medium physical capacity with e-bike.

Total km 24/30 Ascent 700m/1200m







Manina Pass

Vilminore: Red as the iron



Departure from your accommodation or by bus and bicycles and after parking we will depart by bike to the village of Vilminore which is located in the central and sunniest point of the entire Scalve Valley. A route full of history that we will relive as we ride to what used to be the miners' houses not far from the entrance to the now disused mine. Visible glimpses in the mountain testify to the great underground work done, and what was the life of the locals. We will reach the Manina Pass and then away along our mixed route, between gravel and asphalt roads and with



views to the Gleno dam, passing by the river and in the woods until you reach the Fucina and our bus or directly to your accommodation. During the route there will be stops for a coffee or an aperitif and if requested, for a lunch that can be a picnic or at some typical inn where you can choose between a chopping board and cheeses and cold cuts and a good beer or glass of wine or enjoying a local dish of ravioli or polenta with braised meat. Returning if requested, we will stop at the most important dairy Latteria Sociale Montana of the Scalve valley.





Notes:

Medium technical difficulty, ability to ride on gravelly dirt roads and stones in some stretches.
BC=Good physical preparation with muscular bicycles for a 1200m ascent





Cycling between the Scalve Valley and the Camonica Valley, land of the prehistoric Camunians

Two proposals





Departure from the accommodation by bike or by bus and bicycles in tow and after parking ready to leave on the bike in a pleasant and initially asphalted path on secondary roads and dirt roads. We will continue cycling through some hamlets of the valley stopping for a coffee and/or visiting a private collection of minerals of the area. A short stop. We will continue through a long pine forest in a continuous ups and downs and arrive in Valle Camonica. From here, always on gravel road we will reach Borno 912m above sea level, (Bùren in Camonica dialect), a beautiful tourist resort. Stop for a free lunch if you want, in an informal but excellent and outdoor place where, if you love suspended sports, you will find thrill and fun at all levels. Return by bike for the same route.

Physical and technical difficulty: MC medium capacity. Km 37; Ascent 900m





Cycling through the Scalve Valley

Landscape - Cultural route



Easy tour with minimum training. We will start cycling from the accommodation mainly on asphalt but also on gravel road and staying at a high altitude in a continuous up and down. This bike tour will pass through all the villages of the Scalve Valley and in this way we will have a general overview of the whole valley. A whole day dedicated to the discovery of a territory, its traditions and its people, which as written at the beginning, are stories of men who until 60 years ago worked in mines. Water and the Gleno dam disaster that swept away several villages almost 100



years ago. Stories of goblins and legends. Rugged mountains in contrast with green meadows. Local flavors with excellent cuisine and hospitality, in a spectacular valley that changes constantly. Here is what we will do:

We will start cycling from your accommodation, we will cross a beautiful pine forest, to arrive at a place not far away and once a point of collection of minerals that were quarried in the area. We will continue leading to the entrance of the old mine that can be visited. We will pass Vilmaggiore and Vilminore and have a panoramic view of the Gleno dam. And then away towards the forge to an excellent inn once a school that, if requested, will be a stopover point. Here it is just a few crank strokes from Colere, a famous ski resort. If it will be possible, we will have a word with the local expert who will take us on a very short visit to the working tools used in the mine. He will be with us along the way, the wonderful and fearsome view of the Queen of Orobie "la Presolana". We will observe together some rocks, which have been the inspiration of local legends. With a little more effort, we will be able to reach a workshop of wood craftsmen and from here, always cycling back to the accommodation.





General notes:

Period: from May to November

Small backpack with water, anorak and spare T-shirt.